

On the Road with Jesus

Try this meditation on the Gospel. Your teacher or group leader can lead you through it, or you may do it by yourself. First read Luke 24:13–35, the section “The Appearance on the Road to Emmaus,” in *Breakthrough! The Bible for Young Catholics*. Think over the story, and imagine yourself with Jesus and the two disciples. Read each line, and then close your eyes a moment to imagine the scene. Then read the next line. If you like, write down your thoughts or draw what you imagine.

And now, let’s hit the road!

Picture the path that you and a friend are walking along as you talk. . . .

Imagine that someone joins you and walks along with you. . . .

Imagine that it’s getting dark outside. . . .

So, the three of you go into a house. Picture the house. . . .

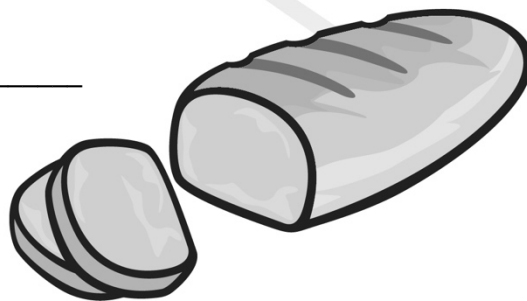
Picture the three of you sitting down together. . . .

The “stranger” takes some bread and breaks it. . . .

Aha! You recognize that this person is Jesus! He disappears. . . .

Imagine what you say to your friend about Jesus. . . .

Now, in your heart, what would you like to tell Jesus yourself?



Something to consider:

You might like to look at the art on page 1730. Can you imagine yourself sitting at the table with Jesus and the two disciples? How is Jesus feeling as he breaks the bread? What do the two disciples feel? Look at their faces and hands. How would you feel, if you were there? (Remember, “you are there” every time you participate in the Mass and receive the Eucharist!)

Read the Pray It! article on page 1729. Remember that Jesus walks with you always!

